

## How to Make a Low Ballet Bun

You will need:

- Hair brush with nylon or natural bristles and/or a fine-tooth comb
- Hair elastic
- Nylon hair net
- Bobby pins (closed pins, crimped on one side)
- Hair pins (U-shaped, open on the end)
- Hairspray and/or Gel

### How to make the ballet bun

1. Thoroughly brush the hair free of tangles and knots.

2. Neatly brush hair back into a ponytail roughly centered between the ears using a brush or fine-toothed comb to avoid “lumps & bumps”. Use plenty of gel or hairspray for additional hold and control. A tidy ponytail with hair drawn snugly back is the key to making a good ballet bun. Placement of your ponytail determines placement of your bun. For low buns, please place ponytail at the nape of the neck.



3. Secure ponytail tightly with hair elastic.

4. Using the brush or fine-toothed comb, brush any "lumps & bumps" back towards the base of the ponytail.



5. Twist the ponytail as you gradually wrap it around the hair elastic, creating a tight, coiled circle, inserting hair pins as you wrap. Insert pins directly towards the center of the bun like spokes of a bicycle wheel. Be sure that your hair pins contain hair from both the head and the ponytail. This will hold your bun close to your head. Be sure to use plenty of hair pins (12-16 on average).



6. Wrap the hair net around the bun, twist, & repeat, wrapping the net around the bun until you have wrapped the entire hair net around the hair for a snug and secure fit.



7. Secure hair net with a few additional bobby pins or hair pins for security.



8. Finish by coating the body of the bun and all of your hair with one final coat of hairspray. Be sure to slick back any "wispsies" near the hairline and nape of the neck.